Dr Low Hong Tong started riding horses in 1989 at the Bukit Timah Saddle Club (BTSC). He participated actively in equestrian sports till 2000 as an amateur rider in Professional-Amateur races in Singapore, Kuala Lumpur, Ipoh and Penang organized by the Malayan Amateur Racing Association (MARA). He served in BTSC as Management Committee Member and Honorary Secretary from 1995-2004. He was a Management Council Member and Honorary Secretary of the Equestrian Federation of Singapore (EFS) from 2001-2004. He was the Chairman of BTSC from 2009-2010. He has been Honorary Secretary of TOAST since its founding in 2003.

